

# Discover the benefits available to you!



**acac Midlothian**  
11621 Robious Road  
Midlothian, VA 23113  
804.378.1600

**acac Short Pump**  
2201 Old Brick Road  
Glen Allen, VA 23060  
804.464.0990

## MEMBERSHIP WITH BENEFITS

Invest in your health - energize your life, and boost your well-being with your employer supported benefits:

- Corporate Member Rates
- \$0 Enrollment Fee *(regularly \$100/\$150/\$200)*
- \$49 Joining Fee
- 2 FREE 1-hour Personal Training Sessions *(\$200 value)*
- **acac** Member Rewards Program - earn and redeem points for your hard work at the club

MEMBERSHIP	INDIVIDUAL	COUPLE	FAMILY*
<b>FITNESS</b> <small>Access to all equipment, group exercise classes, indoor pools, and amenities at <b>acac</b> Short Pump + <b>acac</b> Midlothian</small>	\$95	\$143	\$168
<b>FITNESS +</b> <small>Access to everything above, plus the outdoor waterpark at <b>acac</b> Midlothian and rooftop pool at <b>acac</b> Short Pump</small>	\$103	\$158	\$193
<b>FULL-FACILITY</b> <small>Access to everything above, plus the tennis center at <b>acac</b> Midlothian</small>	\$122	\$174	\$202

*\*Family memberships include 3 people - \$10/month for each additional family member*



## Start your wellness journey with us today!

Whether you have special medical needs, want to refresh your exercise routine, or just need to jumpstart healthy habits, **acac's** Physician Referred Exercise Program, p.r.e.p.® is the perfect place to start.

Interested in learning more? Visit [acac.com/prep](http://acac.com/prep)

For more information or to schedule a personalized tour of the club(s):

- Scan the QR code
- Visit [acac.com](http://acac.com)
- Call or stop in to see the Membership Team at your favorite neighborhood **acac**-Richmond club location

