



County of Henrico, Department of Finance, Risk Management Division

PANEL OF PHYSICIANS

If you wish medical care related to an on-the-job injury to be considered for payment by Workers' Compensation, you must seek medical care from one of the physicians listed below. (Please have the name and telephone number of your supervisor available for the Receptionist). In case your Workers' Compensation claim is denied, the list includes information showing alternative coverage by our participating Health Insurance provider. **This form must be signed, even if you do not seek medical treatment.** If you select treatment by your personal physician rather than choosing from the Panel, you must pay any expense incurred.

Name of Employee: _____ Date of Injury: _____
Last First MI

PLEASE INDICATE YOUR SELECTION

EMPLOYEE HEALTH SERVICES

Marc Flickinger, M.D.; Mary E. Warden, ANP-C

Monday - Friday, 8:00am - 4:30pm *PLEASE CALL FOR APPOINTMENT; ONLY EMPLOYEES 18 YEARS AND OLDER

7740 Shrader Rd, Ste A, Henrico, VA 23228, 804-501-1600

PATIENT FIRST (All locations are open every day, 8 am – 8 pm)

Parham Location

2205 N. Parham Rd, Richmond, VA 23229, 804-270-2150

Woodman Location

2300 E. Parham Rd, Richmond, VA 23228, 804-264-7808

Mechanicsville Location

7238 Mechanicsville Tnpk, Mechanicsville, VA 23111, 804-559-9900

Short Pump Location

3370 Pump Rd, Richmond, VA 23233, 804-360-8061

Chester Location

12101 S. Chalkley Rd, Chester, VA 23831, 804-796-3636

CARE NOW (All locations are open every day, 8 am – 8 pm)

Providers include Dr. Dennis Rhoades, Dr. Nermine Saleh, Dr. AJ Vanumu

Regency Location

1380 N. Parham Rd, Richmond, VA 23229, 804-821-0010

Willow Lawn Location

5215 W Broad St, Richmond, VA 23230, 804-554-5688

Mechanicsville Location

6296 Mechanicsville Tnpk, Mechanicsville, VA 23111, 804-459-8300

Short Pump Location

12214 W Broad St, Henrico, VA 23233, 804-362-8345

Chester Location

11380 N. Iron Creek Rd, Chester, VA 23831, 804-823-9260

Hull Street Location

6100 Harbourside Centre Loop, Midlothian, VA 23112, 804-639-7555

VCU MEDICAL CENTER AT NEW KENT

Open 24 hours and Accepts Anthem HMO & PPO

2495 Pocahontas Trail, Quinton, VA 23141, 804-828-9000

ORTHO ON CALL

Monday-Friday, 8:00am-8:00pm; Saturday-Sunday, 9:00am-5:00pm

3 Locations: Mechanicsville, Midlothian, & Henrico, 804-440-4878

All medical providers below are open 24 hours and Accept Anthem HMO & PPO

PARHAM DOCTORS' HOSPITAL

7700 E Parham Rd., Richmond, VA 23228

804-747-5600

*Life Threatening or After-Hours
Emergency

VCU MEDICAL CENTER

401 N. 12th St., Richmond, VA 23298

804-828-9000

*Life Threatening or After-Hours
Emergency

MEMORIAL REGIONAL MEDICAL

CENTER

8260 Atlee Rd., Mechanicsville, VA 23116

804-764-6000

*Life Threatening or After-Hours
Emergency

SIGNATURE (Sign only under your selection)

I have read the above instructions and have **SELECTED** a treating physician from the panel listed.

Employee's Signature Printed Name Date

I have read the above instructions and have **REFUSED** to be treated by anyone on the list. I recognize that my refusal eliminates the County's obligation to pay for my medical expenses from this injury and that my healthcare program may not reimburse me for any emergency care or follow-up treatment. **Should I decide to see a doctor at a later date for treatment, I will notify my supervisor and complete a Workers' Compensation Panel of Physicians form advising of the physician I have selected at that time.**

Employee's Signature Printed Name Date

PLEASE SUBMIT THIS DOCUMENT AND RELATED BILLS TO PMA BY MAIL, FAX, OR EMAIL

Mail: PMA Customer Service Center,
PO Box 5231, Janesville, WI 53547-5231

Fax: 800-432-9762

Email: ClaimsMail@pmagroup.com
(Include the Employee's Name & Date of Injury in the Subject Line)