



Henrico Division of Fire MTT Capabilities Form

Henrico County
Division of Fire
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Please Print Clearly

MTT TO FILL OUT THIS BOX PRIOR TO HEALTH CARE PROVIDER (HCP) VISIT

MTT SCAN & EMAIL TO: FIRELIGHTDUTY@HENRICO.US

MTT Name: _____ Today's Date: _____

Work Location: _____ Shift: _____ Supervisor: _____ Date of Injury: _____

Type of Health Condition: Worker's Compensation: _____ Personal: _____ (Check One)

HEALTH CARE PROVIDER (HCP) PLEASE COMPLETE **STEPS 1 - 4** AT VISIT

PLEASE RETURN FORM TO MTT AT END OF EXAM OR CONSULTATION.

STEP 1: Is the Medical Transport Technician able to return to a **FULL DUTY** work status?

(Defined Below)

YES: _____ (IF YES PROCEED TO STEP #4) NO: _____ (IF NO PROCEED TO STEP #2)

FULL DUTY Status Defined: A MTT eligible for Full Duty work status must be able to perform essential job duties such as emergency medical services and hazardous situation mitigation without restrictions. Full Duty essential job functions occur over a prescribed shift and include but are not limited to, walking, running, climbing, crawling, balancing, crouching, stooping, bending, kneeling, pulling, pushing, lifting, carrying, dragging, and lowering. This could occur on uneven surfaces or in varied environmental conditions. These essential job functions are often performed in high stress environments. Full Duty work status includes the ability to drive large vehicles, function with little rest, demonstrate manual dexterity and fine motor skills, and lift up to 125 pounds (250 with assistance) a height of 33 inches and a distance of 10 feet. A Full Duty MTT should be able to meet the minimum vision requirements to operate a motor vehicle within the state. Working as a MTT is considered to be a very physically and mentally demanding occupation according to the U.S. Department of Labor's criteria and as such an employee in a Full Duty status shall be able to work as a MTT without any physical or psychological restrictions or limitations.

STEP 2: Is the MTT able to return to a **LIGHT DUTY** work status?

(Defined Below)

YES: _____ (IF YES PROCEED TO ****RESTRICTIONS IN NEXT BOX****) NO: _____ (IF NO PROCEED TO **STEP #3**)

LIGHT DUTY Status Defined: A MTT eligible for Light Duty work status is able to perform Non-MTT job duties such as and limited to routine civilian clerical work or administrative jobs lasting up to but not more than an 8 hour work day 8:00AM to 4:30PM, Monday - Friday. Light Duty Non-MTT job functions for a MTT include such activities as sitting, standing, walking, housekeeping, driving, inventory, record keeping, instructing, stocking or delivering supplies, installing smoke detectors, writing/typing and answering telephones. No Light Duty status work assignments involve responding on emergency calls, emergency medical services, hazardous situation mitigation or take place on an emergency scene.

**** RESTRICTIONS:** If the MTT is eligible for Light Duty work status specifically describe or list any restrictions that the MTT must follow while working in a Light Duty status.

Some restrictions include, but are not limited to standing, lifting, lowering, bending, stooping, kneeling, pushing, pulling, sitting, and medication side effects.

Examples: "No lifting > 25 lbs + no sitting for > 45 mins every hour." OR "Must keep (L) arm in sling when working + elevate (L) foot when seated." OR "limited to 8 hours of work at a time, unable to respond to emergency calls."

(Proceed to **STEP 3** after listing **RESTRICTIONS**) _____

STEP 3: Length of Restrictions: _____

Examples: "Until next appointment on X Date" OR "Until X Date" OR "X Days, Weeks, Months"

Date Eligible for **LIGHT DUTY** Work Status: _____ Date Eligible for **FULL DUTY** Work Status: _____
(Anticipated) (Anticipated)

(Proceed to **STEP 4** after completing **THIS STEP**)

**** PLEASE RETURN FORM TO MTT AT END OF EXAM OR CONSULTATION. ****

STEP 4: Treating Facility: _____ Phone: _____

Treating HCP: _____ Treating HCP: _____
(Print Name) (Signature)