



HENRICO COUNTY POLICE DIVISION

Fitness for Duty Verification

HCPD-354 (05/12)



Member's name: _____ Date: _____

The duties and responsibilities of a law enforcement officer are subject to change at a moment's notice. As such, each officer is required to be physically capable of responding in an appropriate and safe manner. The below list of physical capability requirements is provided to you, the treating physician/clinician, to ensure that personnel released to full duty will be able to safely perform these functions.

PHYSICAL CAPABILITIES

A law enforcement officer must be able to:

1. Walk, run, and jump;
2. Climb or jump over a chain-link fence;
3. Sit in and drive a motor vehicle for an extended period or drive with emergency equipment (lights and siren);
4. Direct traffic in a busy intersection for an extended period of time;
5. Physically restrain a suspect;
6. Physically protect themselves and others;
7. Draw and fire a .40 caliber pistol;
8. Fire a shotgun;
9. Drag an unconscious person away from a threatening situation to safety;
10. Take part in defensive tactics and firearms training;
11. Understand and carry out complex oral and written instructions;
12. Exercise sound judgment and make appropriate decisions within the scope of police practice and applicable laws.

The above listed law enforcement officer is deemed fit for duty based on the above listed information and is hereby released to full duty effective:

Date of release to full duty: _____

Physician/Clinician name: _____