

 Upcoming Events

- OCT
2
**Eco-Friendly Homes- Community Presentation**  
Tuesday, October 2nd
- OCT
6
**Henrico County Job Fair**  
Saturday, October 6th
- OCT
19
**Henrico County Energy Fair**  
Friday, October 19th

- New Employees
- Retirees
- Achievements
- Printable PDF

Tweets by [@HenricoHR](#)



**Henrico HR**  
[@HenricoHR](#)

[#HenricoJobs](#)- Custodial Worker  
Closes- 10/1  
This is repetitive and often-heavy manual work requiring the efficient performance of building

## Wellness is Power Henrico!

October 1, 2018

Welcome to the launch of POWER HENRICO! With this new wellness initiative, we challenge each and every employee to take charge of...

[Read More](#)



### Announcements

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October is Energy Efficiency Month! Check out the events happening on the employee calendar and this month's article on energy conservation tips!

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Open Enrollment for 2019 benefits will begin this Saturday **October 6** and run through **November 2**. Information available starting Saturday!

### October Articles



## Wellness is Power Henrico!

□ October 2018

by Jenn Montrose, Marketing and Technology Specialist- Human Resources



### Welcome to the launch of **POWER HENRICO!**

With this new wellness initiative, we challenge each and every employee to take charge of their own journey towards a healthy lifestyle. Our employees are the County's most valuable resource and we want to help you be well and healthy.

We understand that wellness looks different for every single person. That is why we are providing YOU the tools to build a strong foundation and resources to grow within your own journey. Through education, support and commitment, Henrico County wants to see you be the best version of yourself.

**Power Henrico** provides an abundance of resources at your fingertips to keep you engaged on your journey to a healthy lifestyle:

- A concentrated **calendar** of events (with wellness programs, fitness classes, seminars) to get active and stay involved.
- **Walking Trails** at EVERY County location, including an interactive map that describes the length and terrain of each trail so there is no excuse not to get up and move.
- **Success stories** of fellow employees and how the services provided by the County have changed their lives for the better.
- Galleries, articles and local resources to assist you on your journey and keep you engaged, supported and healthy, both in and outside of work.



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And that is just the tip of the wellness iceberg!

Go out to [power.henrico.us](https://power.henrico.us) now and take a look at everything available to you as a Henrico County employee.

Building a healthy lifestyle is not going out of style any time soon. Take an interest and take care of yourself now so that that you can power your future.

[□ Open Enrollment for 2019 Benefits](#)



## Open Enrollment for 2019 Benefits

□ October 2018

by Terri Melton, Benefits Manager- Human Resources



### Now is the time to evaluate your health care needs and wellness goals...

Are you looking to lower your out of pocket costs by improving your health and wellness in 2019? Open Enrollment is the perfect time to take stock in your health, your plan enrollment and your wellness goals to ensure you have the right level of coverage and the right services for you and your family. Health care is not one size fits all and circumstances change, so you need to evaluate each plan and explore the possibilities to decide what is best for you and your family.

Open Enrollment will take place Saturday, October 6 through Friday, November 2, 2018. This is your chance to enroll or drop benefit coverage, change plans, or add/drop dependents. Changes made during Open Enrollment will be effective on January 1, 2019. Outside of Open Enrollment, changes can only be made if you have a qualifying event.

Come to an Open Enrollment wellness session (dates below) to get a look at all the wellness benefits the County has to offer. Also, you can view plan comparisons, rates, benefit details and enrollment instructions on the [HR Employee Portal](#) at the start of Open Enrollment, October 6th. Please come by and learn more about all options available to you and speak to some of our vendors at the in-person sessions.



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- **October 12 & 31: Eastern Government Center (3820 Nine Mile Rd.) Multipurpose Room from 1:00 p.m. – 6:00 p.m.**  
**October 17 & 24: Henrico Training Center (7701 East Parham Rd.) from 1:00 p.m. – 6:00 p.m.**

What you need to know:

1. **ALL** Anthem plan participants will receive new medical insurance cards for 2019 with new group numbers. Please make sure you use the new card for services starting January 1, 2019.
2. No changes will be made to the Lumenos HSA plan. The rates have been the same since the plan was introduced in 2015! This may be a great option for you.
3. Delta Dental will continue to offer the same plan options for 2019 with a slight change in rates.
4. MetLife will continue to provide disability coverage with no changes to rates or benefits offered.
5. Navia will also continue to provide Flexible Spending Accounts (FSAs). This year there will be a \$50.00 increase to the Health Care FSA limit. The new limit will be \$2,650. The Dependent (Day) Care FSA limit will remain at \$5,000.

What do you have to do as an employee?

1. Re-enroll for Flexible Spending Accounts if you wish to participate in 2019.
  1. **Note:** This is a great pre-tax option so consider using this benefit.
2. Look at your current plans and make sure they are right for you!
  1. **Note:** Health care, dental and short-term income protection enrollments will rollover for 2019, unless you change them during Open Enrollment.
3. Check out Power Henrico for Open Enrollment events, benefits and other wellness information!

Now that you have the overview, plan to attend one of the scheduled Open Enrollment wellness sessions to learn more.

☐ [October is Energy Month!](#)

[Wellness is Power Henrico!](#) ☐



# October is Energy Month!

□ October 2018

by Carrie Webster, Energy Manager- General Services



October marks the start of energy action month, a national effort to raise awareness of energy conservation and efficiency. There are many ways to save energy at work and in your personal lives so that you'll not only be conserving resources and improving the environment, you'll also save money!

The difference between conservation and efficiency is an important distinction to know. Conservation refers to using less energy with the tools and technologies that you already have. Examples of conservation include turning off the lights or setting back the temperature on your thermostat. Efficiency means improving on your systems to perform the same function while using less energy. Examples of efficiency include changing out light bulbs to more efficient LEDs or adding insulation to a building. Conservation measures cost nothing—they are simple behavior changes. Efficiency measures may come with a cost but in time you will see a return on investment with energy savings.

Here are five simple conservation measures that you can practice at work or at home:

1. Turn off the lights when not in use. You've heard it 1000 times and it remains the easiest way to conserve energy!
2. Put your computer in sleep mode when not in use. Despite their name, screen savers do not save energy. Sleep mode uses practically no energy and allows you to return to your work fairly quickly. You could also turn your monitor(s) off when not in use if you prefer that to using sleep mode.
3. Think before printing. Do you really need to print that? Printing uses energy and paper. If you must print, use the shared office printer instead of individual desktop printers so only one piece of equipment has to be kept on.



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4. Use your window blinds smartly. To avoid heat gain in warm weather and make the most of passive heat in cold weather, lower blinds on hot days and raise them on cold days. Also, close them on cold nights before leaving the office or when you are at home.
5. Unplug chargers and electronics when not in use. Small amounts of electricity, called standby power or vampire power, are drawn by chargers, small appliances and electronics when plugged in. Unplug or use a power strip that can be switched off when these items aren't needed.

The Henrico County Energy Management program strives to reduce energy use and costs in County buildings and operations, and to foster a culture of sustainability and stewardship. The Energy Fair is held twice a year to help County employees, residents and businesses learn about energy and sustainability products, services and resources available in the Richmond area.

This year's fall fair will be held at the Western Government Center on Friday October 19 from 11:00 a.m. to 1:00 p.m. The fair is free and open to the public. Gifts and goodies will be available for all attendees while supplies last. This year's gift is a portable power bank—get there early to make sure you get one! You can learn more at <https://henrico.us/calendar/fall-energy-fair/>. If you have questions, please contact Carrie Webster by email at [web050@henrico.us](mailto:web050@henrico.us) or by phone (804)501-5763.

[Deferred Comp- Start Contributing Today!](#)

[Open Enrollment for 2019 Benefits](#)



## Deferred Comp- Start Contributing Today!

□ October 2018

by Anne Strine, Relationship Manager- Empower Retirement



### One year can make a difference!

Waiting just one year to start saving and investing in deferred comp may cost you more than you realize. The sooner you start to save and invest, the sooner your money can start working for you. Having a VRS retirement benefit is an important step in the right direction, but that benefit on its own may not be enough for you to retire. So, get started contributing to deferred comp now!

Even investing a small amount now can really add up over time. What's most important is to just get started. Then, if you increase your contribution on a regular basis, the impact to your paycheck will not seem too great. The bottom line, saving today will definitely help you down the road when you retire.

There are also tax benefits for participating in this 457-deferred compensation plan. You can contribute pre-tax money to decrease your overall tax burden now. Or, you also have the option of contributing to a post-tax ROTH account. Why is ROTH a great option? You will pay taxes based on your current tax rate now and, if your tax bracket is higher later in life, you avoid paying higher taxes when you withdraw funds in retirement!

It's too late if you wait until you think you are ready to retire. Pick the age you want to stop working and meet with our 457-deferred compensation plan advisor to set your goals. Your journey to retirement savings needs to start today!



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## Solving the Nutrition Puzzle

□ October 2018

by Liz Stovall, Division Manager- Fitness and Wellness



Most of us want to “eat right,” but knowing that AND sticking to it can be a challenge. Personal preference, cultural influences, time, budget and social environment all contribute to our food choices. In addition, the constant flow of changing nutrition information can also make it difficult to make those choices easier.

So, what should you eat?

Start by taking a closer look at your current dietary patterns and identify the chances for improvement. It’s not a single nutrient or food that might be keeping you from your weight loss goal. The combination of foods eaten on a regular basis may be hindering progress. Food journaling can be a useful tool because you can see patterns of behavior or attitudes about food that are barriers to change. An honest assessment of what and why you are making certain choices will allow you to begin making small changes towards a dietary pattern that supports your weight loss and health goals.

Deciding on a dietary pattern:

There are many good options out there for healthy eating patterns. When making the decision about what type of “diet” to choose, keep in mind your current lifestyle and what kind of changes are realistic for you. There are many factors to consider, family or social structure, time for meal planning, prep and cooking, past successes or failures and your specific weight loss goals.

Although everyone’s eating pattern will look different, there are a few basic rules to keep in mind. Research shows that a dietary pattern high in fruits, vegetables, whole grains, legumes, unsaturated oils and fish while low in total meat, saturated fat, cholesterol, sugar-sweetened foods and drinks, sodium, and moderate in dairy products and



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alcohol is associated with more favorable outcomes related to body weight or the risk of obesity. Regardless of your pattern, your diet must include a reduction in energy intake (calories) in order to achieve any weight loss.

You may find it helpful to base your pattern on an already established one. Remember to modify based on your personal preferences AND what is realistic for you. Here are a few suggestions that are supported by research and may be effective for weight loss and weight maintenance:

**Mediterranean Diet:** easy to follow, safe, meets government guidelines and supports weight loss and heart health.

- Emphasis on fruits, vegetables, whole grains, beans, nuts, olive oil, fish and seafood, poultry, eggs.
- Limits red meat, sugar and saturated fat.

**DASH Diet (Dietary Approaches to Stop Hypertension):** benefits weight loss and heart health.

- Emphasis on nutrients (potassium, calcium, protein and fiber) found in fresh produce, whole grains, lean protein and low-fat dairy foods.

**MIND Diet:** aims to prevent mental decline with brain healthy foods.

- Emphasis on green leafy vegetables, nuts, berries, whole grains, beans, fish, poultry and olive oil.
- Limits red meat, butter and margarine, cheese, sweets, fried and fast foods.

**Volumetrics Diet:** Based on the theory that your body likes a certain feel (volume) of food.

- Emphasis on low-energy, highly dense foods. Encourages consumption of foods with a high-water content like soups, fruits, vegetables, non-fat dairy.
- This diet is safe, easy to follow and no foods are off limits.

Committing to a new dietary pattern can be difficult and weight loss can be slow. There will be feelings of success combined with frustration along the way. To stay committed to your new lifestyle, maintain a sense of intention and focus, keep your thoughts positive, turn thoughts into actions, use your mistakes as learning opportunities, and make yourself a priority.

Coming Soon...

Deferred Comp- Start Contributing Today!



## New Employees

Name	Department
Alston, Jalaya	<i>Sheriff's Office</i>
Ballos, Stephen T	<i>Sheriff's Office</i>
Ballou, Caitlyn Leigh	<i>Police</i>
Blake, Jason	<i>Recreation</i>
Brown, Damian A	<i>Recreation</i>
Bryan, Mirjam	<i>MHDS</i>
Bryan-Diehl, Julia B.	<i>Library</i>
Conrad, Taylor Victoria	<i>Sheriff's Office</i>
Corbitt, Megan Elizabeth	<i>Social Services</i>
Dyer, Chelsea Anne	<i>MHDS</i>
Elliott, Austin	<i>General Services</i>
Fontaine, Angela	<i>Social Services</i>
Harris, Daniel Jerome	<i>Recreation</i>
Hasan, Ambrin	<i>Police</i>
Hicks, Nakisha Renae	<i>MHDS</i>
Jackson, Quantrell OBrien	<i>Public Utilities</i>
Jones, Derek	<i>Building Inspections</i>
Malaspinas, Josephine	<i>Public Works</i>
Mayes, Jeanne	<i>Public Utilities</i>
Michael, Brian Alexander	<i>Information Technology</i>
Mills III, Richard Lewis	<i>Public Utilities</i>
Mulvin, Keith Robert Gandola	<i>Social Services</i>
Murray, Amber Lynn	<i>Police</i>
Nelson, Jenay Sparkle	<i>Sheriff's Office</i>
Oneschuk, Jake Thomas	<i>Public Works</i>
Parrish, Sara Blaine	<i>Social Services</i>
Pietrzak, Nicholas	<i>Finance</i>
Pugh, Tracie Noell	<i>General Services</i>
Reid, Margaret Loraine	<i>Police</i>



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Rose, Nicole Marquita	<i>Sheriff's Office</i>
Schwartz, Adam Joseph	<i>Recreation</i>
Smith, Christopher Ryan (Smitty)	<i>Public Works</i>
Steele, Jonathan W (Jon)	<i>Planning</i>
Taylor, Lauren	<i>Human Resources</i>
Thames, Jamie Lee	<i>Police</i>
Thomas, Donald	<i>Recreation</i>
Thorpe, Harry Leslie Jr.	<i>Public Utilities</i>
Upshaw, Preston F III	<i>Sheriff's Office</i>
VanAudenhove, Michael Magnant	<i>General Services</i>
Woodson, Jaala Damara	<i>MHDS</i>
Wyant, Courtney Renee Wolfrey	<i>Library</i>



## Retirees

Name	Department
Joanne Bartels	County Manager
Jerry Branch	DPU
Jacqueline Thompson	MHDS
Dewayne Wilson	Police



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## Achievements

The Semi-Annual Service Awards ceremony was held on September 27, 2018.

The County recognized 333 employees for their years of service. The number of employees recognized are: 68 employees with five years of service, 89 employees with ten years, 55 employees with 15 years, 54 employees with 20 years, 33 employees with 25 years, 21 with 30 years, 7 with 35 years, 4 with 40 years, and 2 with 45 years of service

Board of Supervisor members Frank Thornton and Harvey L. Hinson were in attendance as well as former County Manager (1984-1992) William (Bill) LaVecchia.

The eighth Elvin R. Cosby award was presented to James A. Price, Division of Police for 45 years of service.

First Name	Last Name	Department	Years of Service
Veta	Herbaugh	Board of Supervisors	35
Linda	Brown	Building Inspections	5
Brenda	Martin	Building Inspections	10
David	Humphrey	Building Inspections	30
Dale	Powers	Building Inspections	30
Carl	Ransone	Jr. Building Inspections	30
George	Robbins	Jr. Building Inspections	30
Tammy	Damon	Circuit Court Judges	5
Jennifer	Ellett	Commonwealth's Attorney	5
Matthew	Ackley	Esq. Commonwealth's Attorney	10
Michelle	Marken	Esq. Commonwealth's Attorney	10
June	Alford	Commonwealth's Attorney	20
Julie	Goolsby	Commonwealth's Attorney	25
Aimee	Broadney	Community Corrections	5
Joey	Hodges	Community Corrections	5
Sarah	Perkins-Smith	Community Corrections	5



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Kizzy	Robinson		Community Corrections	5
Laura	Siegfried		Community Corrections	10
Samuel	Atkinson		Community Revitalization	30
Patricia	Nuckols		Community Revitalization	35
Wade	Anderson	Esq.	County Attorney	5
William	Hinton		County Manager	15
Alice	Bowyer		CRWP	10
Caryn	Mitchell		Extension Agent	10
Krystina	Balzer		Finance	5
Adam	Hardell		Finance	5
Karen	Saffy		Finance	10
Telka	Thomas-Smith		Finance	10
Andrew	Hodson		Finance	20
Marta	Sorensen		Finance	20
Alatha	Long		Finance	25
Ruqsaar	Shukoor		Fire	5
Cari	Tretina		Fire	5
Karter	Baker		Fire	10
Michael	Bassett	Jr.	Fire	10
Thomas	Beadles	Jr.	Fire	10
Brian	Blankenship		Fire	10
Sydnor	Brinkley		Fire	10
Michael	Chambers		Fire	10
Laura	Cleveland		Fire	10
Christopher	Cumby		Fire	10
Timothy	Farrar		Fire	10
William	Forrest		Fire	10
David	Jaconski		Fire	10
Joseph	Johnson	III	Fire	10
Donald	Lucas	III	Fire	10

Joseph	Moore		Fire	10
Ross	Murray		Fire	10
Richard	Palmer	Jr.	Fire	10
Kevin	Pond		Fire	10
Jason	Sharpe		Fire	10
Kenneth	Waters		Fire	10
William	West		Fire	10
Richard	Xedos		Fire	10
Mathew	Blankenship		Fire	15
Stephen	Conley		Fire	15
William	Hayden	III	Fire	15
William	Ingersoll		Fire	15
David	Jennings	II	Fire	15
Kenneth	McClelland		Fire	15
Christopher	Powell		Fire	15
David	Reid		Fire	15
Bryan	Smith		Fire	15
Richard	Stone		Fire	15
Stephen	Wagner		Fire	15
Robert	Arnold		Fire	20
Cameron	Blankenship		Fire	20
Vernon	Crumpler	III	Fire	20
David	Glass		Fire	20
Robert	Lowery		Fire	20
Andrew	Shelton		Fire	20
William	Cornett	III	Fire	25
Matthew	Dix		Fire	25
Matthew	Elmendorf	Jr.	Fire	25
Randal	Ginn		Fire	25
Kevin	Jones		Fire	25
Nicholas	Krajacich		Fire	25
Paul	Pavey		Fire	25
Kevin	Rush		Fire	25
Abdol	Rastegar		Fire	30
Todd	Alexander		General Services	5
Sean	Woods		General Services	5



Larry	Adams	General Services	10
Parrenita	Crandell	General Services	10
George	Meadowcroft	General Services	15
Aaron	Wallace	General Services	15
Kenneth	Eggleston	General Services	20
Raymond	Watkins	General Services	20
David	Wilson	General Services	20
Stephen	Alexander	General Services	25
Bruce	Faison	General Services	25
Michael	Arrighi	General Services	30
Thomas	Loving	General Services	30
Nancy	Outlaw	Human Resources	10
Jason	Young	Human Resources	10
Rebecca	Simulcik	Human Resources	20
Robert	Aungst	Information Technology	5
Kevin	Dykes	Information Technology	5
Eric	Fleming	Information Technology	5
Reginald	Grubbs	Information Technology	5
Hoang	Nguyen	Information Technology	5
Jason	Cleve	Information Technology	10
Todd	Jones	Information Technology	10
Jeffrey	Bryant	Information Technology	20
Jane	Dudley	Information Technology	20
Timothy	Hogge	Information Technology	20
John	Hughes	Information Technology	20
Thomas	McLaughlin	Information Technology	20
Brian	Slaughter	Information Technology	20
Brian	Seal	Information Technology	30
Harold	Mayo	Information Technology	35
Sheron	Henderson	James River Juv Detention	5
Donnie	Sconiers	James River Juv Detention	5
Keith	Stewart	James River Juv Detention	10
James	Starke	Juvenile Detention	5

Debbie	Davis		Juvenile Detention	10
Eldridge	Robinson	IV	Juvenile Detention	15
Mary	Morris		Juvenile Detention	20
Joseph	Coleman	III	Library	5
Jennifer	Daly		Library	5
Barbara	Smith		Library	5
Karen	Johnson		Library	10
Tanny	Rourk		Library	10
Diane	Bowden		Library	15
Katherine	Wilmoth		Library	15
John	Myers		Library	25
Michael	Shoop		Library	25
Martha	Blankenship		Library	30
Kelly	Cameron		MH/DS	5
Lani	Hartshorn		MH/DS	5
Courtney	Lewis-McGrath		MH/DS	5
Sheila	Baum		MH/DS	10
Tonya	Beers-Warman		MH/DS	10
April	Henderson		MH/DS	10
Deborah	Lanasa		MH/DS	10
Ronald	Mack		MH/DS	10
Nancy	Wickstead		MH/DS	15
Robin	Becker		MH/DS	20
Robin	Edwards		MH/DS	20
Kimberly	James		MH/DS	20
Gordon	Martin		MH/DS	20
Sara	Tolentino		MH/DS	20
Darlene	Tyktor		MH/DS	20
Ray	Nelson		MH/DS	30
Kurt	Stiefvater		MH/DS	30
Laura	Totty		MH/DS	35
Brett	Hinson		Permit Center	10
David	Pennock		Permit Center	10
Donnetta	Swindell		Permit Center	10

Lee	Tyson		Permit Center	15
Nancy	Graham		Planning	10
Regina	Hill		Planning	20
Kevin	Wilhite		Planning	30
Justin	Alderson		Police	5
Andrew	Barnes		Police	5
Christopher	Basic		Police	5
James	Bennett		Police	5
Sarah	Dwyer		Police	5
Daniel	Furrow		Police	5
Konstantin	Gileva		Police	5
Bradley	Helmick		Police	5
Jennifer	Herbert		Police	5
Clarissa	Iverson		Police	5
Corey	Jones		Police	5
Allen	Kemp		Police	5
Shelby	Kemp		Police	5
Kamden	Leabough		Police	5
Michael	Marshall		Police	5
Francesca	Rodriguez		Police	5
Tiffany	Skok		Police	5
Chad	Vosvick		Police	5
Michael	Anthony	Jr.	Police	10
Barry	Beadles		Police	10
Roy	Breeden	Jr.	Police	10
Scott	Brill		Police	10
William	Cooper		Police	10
Ryan	Gallagher		Police	10
Zachary	Gallatin		Police	10
Andrew	Lehatto		Police	10
James	Morrison		Police	10
Zachary	Noah		Police	10
Michael	Peranski		Police	10
Michael	Pfister		Police	10
Adam	Preston		Police	10

Enrique	Santana		Police	10
Quintin	Scott		Police	10
Parke	Smith	II	Police	10
Kelli	Taylor		Police	10
Nicholas	Tuzzo		Police	10
Jonathan	Yarbrough		Police	10
Michael	Zinn		Police	10
Renaldo	Arjona		Police	15
Trevor	Badcock		Police	15
Gary	Brookman		Police	15
Joseph	Butcher		Police	15
Jennifer	Clark		Police	15
Alexander	Danilovich		Police	15
William	Duke	Jr.	Police	15
Virginia	Hughson		Police	15
Lynette	Jeter		Police	15
Alexandria	Kunz		Police	15
Robert	Matson		Police	15
Brandon	Matthews		Police	15
Michael	Moore		Police	15
John	Nance	II	Police	15
Danny	Ojibway		Police	15
Erin	Owens		Police	15
David	Paul		Police	15
Scott	Phillips		Police	15
Ashley	Robertson		Police	15
Colin	Rooney		Police	15
Michelle	Sheehan		Police	15
Rachel	Shrewsbury		Police	15
Richard	Valentine		Police	15
Billy	Wagoner		Police	15
George	Anderson	Jr.	Police	20
Jason	De Groft		Police	20
Michael	Duley		Police	20
Christopher	Eley		Police	20
Jerome	Goodine	Jr.	Police	20
Geoffrey	Greene		Police	20

Robert	Haentze		Police	20
Aaron	Hayes		Police	20
Kenneth	Hill		Police	20
Philip	Johnakin		Police	20
Karen	Kimbrough		Police	20
Emil	Krevonick	Jr.	Police	20
Lisa	Kusmin		Police	20
Gregory	Shelton		Police	20
Norman	Williams	II	Police	20
John	Woodson		Police	20
Douglas	Burton		Police	25
Dean	Carrier	Jr	Police	25
Shawn	Diasparra		Police	25
Anthony	Dowdy		Police	25
Charles	Finchum	Jr.	Police	25
Craig	Harver		Police	25
Richard	Hausler	Jr.	Police	25
Craig	Hockaday		Police	25
Jerome	Hoyt		Police	25
Coby	Kelley		Police	25
Charles	Maurice	Jr.	Police	25
Terence	McCluskey		Police	25
Shawn	Nelson		Police	25
Michael	Palkovics		Police	25
Vincent	Windom		Police	25
Carl	Mueller		Police	30
Virgil	Phillips		Police	30
Pantheir	Whiting		Police	30
William	Chandler	Jr.	Police	35
James	Price		Police	45
Angela	Williams		Pub Relations/Media Services	15
Pamela	Bradby		Public Utilities	5
Cheryl	Davis		Public Utilities	5
Robert	Medford		Public Utilities	5
Chance	Rollison		Public Utilities	5

Jamir	Williamson		Public Utilities	5
Tamara	Bennett		Public Utilities	10
Ricky	Blunt	Jr	Public Utilities	10
Marc	Daniels		Public Utilities	10
Christopher	Duke		Public Utilities	10
Roger	Shumate		Public Utilities	10
Nyibe	Smith		Public Utilities	10
Allen	Walker		Public Utilities	10
Hyung	Yi		Public Utilities	10
Barbara	Dovell		Public Utilities	20
Tammy	Franklin		Public Utilities	20
Wayne	Cosby		Public Utilities	30
Robert	Steele	Jr.	Public Utilities	30
Horace	Townes		Public Utilities	30
Jane	Brannan		Public Utilities	40
David	Wallace	Jr.	Public Utilities	40
Mark	Graves		Public Works	5
James	Reid		Public Works	5
Daniel	Rohrig		Public Works	5
Craig	Allen		Public Works	10
Richard	Brown		Public Works	10
Michael	Campbell		Public Works	10
Chad	LaPlace		Public Works	10
Chester	Taylor		Public Works	10
Monica	Barnette		Public Works	15
James	Flemmons		Public Works	15
Michael	Jennings		Public Works	15
Stephen	Nitsch		Public Works	15
Pamela	Orlandi		Public Works	15
Joseph	Pruden		Public Works	15
Edward	Carrington	Jr.	Public Works	20
Darnell	Johnson		Public Works	20
David	Walker		Public Works	20
James	Cooper		Public Works	35
Robert	Cole		Public Works	40
Kenneth	Martin		Public Works	40

Sylvester	Tarry		Public Works	45
Durell	Avens		Recreation	5
Jennifer	Godfrey		Recreation	5
Michael	Johnson		Recreation	5
Richard	Johnson		Recreation	5
Kenneth	Boyd	Sr.	Recreation	10
Adam	Ikenberry		Recreation	10
Kimberly	Schott		Recreation	10
Marcellus	Coleman		Recreation	15
Gordon	Shelton	Sr.	Recreation	20
Jeffrey	Chenault		Recreation	25
Betty	Perry		Recreation	30
Patricia	Turnbull		Recreation	30
Carlton	Duffy		Recreation	35
Casaundra	Allen-Cox		Sheriff's Office	5
Rian	Burson		Sheriff's Office	5
Ryan	Goggin		Sheriff's Office	5
Kenneth	Harding		Sheriff's Office	5
Sonia	McMillan		Sheriff's Office	5
Andrew	Sharpe		Sheriff's Office	5
Krystal	Spurlock		Sheriff's Office	5
Shane	Zupo		Sheriff's Office	5
Daniel	Brophy		Sheriff's Office	10
Henry	Frye		Sheriff's Office	10
John	Sharpe	III	Sheriff's Office	10
Brigita	Shutas		Sheriff's Office	10
Carrie	DiGiovanni		Sheriff's Office	15
Mark	Dismuke		Sheriff's Office	15
Thomas	Fitzgerald		Sheriff's Office	20
Richard	Garrison		Sheriff's Office	20
Cynthia	Reese		Sheriff's Office	20
Yvonne	Simon		Sheriff's Office	20
Patrick	Duke		Sheriff's Office	25
David	Turner		Sheriff's Office	25

Latisha	Gallimore	Social Services	5
Teressa	King	Social Services	5
Elizabeth	Banton	Social Services	15
Florentina	Zapata	Social Services	15
Patricia	Lumpkins	Social Services	20
Phillip	White	Social Services	25
Anne	Middlesworth	Voter Registration	10