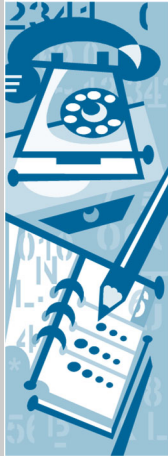


OUR PROVIDERS

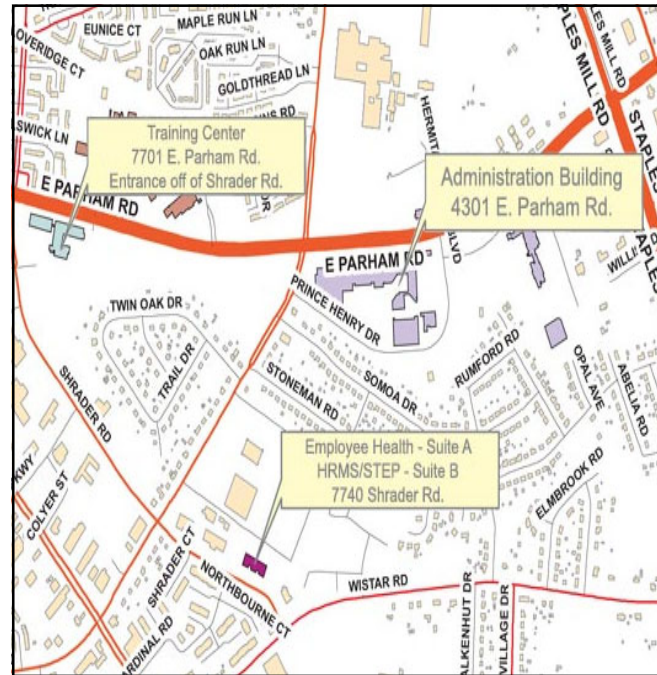
Employee Health Services is staffed by:

- * Multiple Nurse Practitioners
- * A Registered Nurse
- * An Administrative Assistant
- * A Physician/Medical Director

All work-related services are by appointment. While we do accept walk-ins for urgent matters, we prefer you call in advance to schedule appointments. This will help you avoid long waits and will allow us enough time to spend with you.



OUR LOCATION



COUNTY OF HENRICO
DEPT. OF HUMAN RESOURCES
EMPLOYEE HEALTH SERVICES

7740 SHRADER RD.
SUITE A

HENRICO, VA 23228
PHONE: 804-501-1600
FAX: 804-501-2150

WEB: WWW.CO.HENRICO.VA.US/HR

HOURS: 8AM-4:30PM M-F

Please call for appointments!

COUNTY OF HENRICO
DEPARTMENT OF HUMAN RESOURCES

EMPLOYEE HEALTH SERVICES



OUR SERVICES

WORK RELATED SERVICES

Our priority at Employee Health Services is performing work-related services for employees. Some of these include:

- Pre-employment and routine physical examinations for certain positions (Police, Sheriff, Fire).
- OSHA Hearing Conservation Program
- OSHA Respiratory Protection Program
- Rabies Protection Program
- Body Fluid Exposure Program
- Certain Immunizations
- Work-related injury and illness (Worker's Compensation)
- Manage Drug and Alcohol Testing Program

NON-WORK RELATED SERVICES

While we do not replace your primary care provider, we can treat your minor illnesses and injuries including prescription medication if needed. Examples of these types of minor illnesses include:

- Sore /strep throat
- Cold/Flu
- Allergy symptoms
- Eye Problems (scratch, pink eye)
- Ear Problems (infection, wax build-up)
- Cough
- Urinary Tract/Bladder Infection
- Skin Rashes /Insect Bites
- Minor cuts/Abrasions
- Strains/Sprains

OTHER SERVICES:

- Suture Removal
- Allergy or B12 Injections (under the direction of your provider)
- DOT physical examinations
- Lactation Room



PREVENTATIVE HEALTH SERVICES

We want to help people stay healthy and in control of existing medical problems. We offer the following preventative services to employees:

- Blood pressure checks
- Blood sugar checks
- Smoking Cessation Counseling
- Brochures and other printed information about various health conditions
- Individualized health counseling and/or information:
 - Diabetes
 - High blood pressure
 - Cholesterol Management
 - Diet & Weight Loss
 - Cardiovascular Risk

We cannot treat you for the following:

- Monitoring and treatment of chronic problems (like diabetes, asthma, high blood pressure, psych/mental health problems, etc.).
- Non-work related conditions that require x-ray or lab work.
- Emergencies such as severe chest pain, shortness of breath, or severe allergic reac-